

(Your Logo Here)



Signature Box
Balanced nutrition and variety with enough food to feed a family of four for about a week.

- 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- 1.5 lb. Breaded Chicken Breast Chunks
- 1 lb. Lean Ground Beef
- 1 lb. Crunchy Fish Wedges (Bake or Fry-8 ct.)
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. Bonus Item - Lean Ground Beef
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Carrots
- 1 lb. Frozen Corn
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Pasta
- 26 oz. Pasta Sauce
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs

New and Improved! Larger Portions, Better Value!

Fast and Flavorful Cuisine
Convenience meals great for seniors and people living with diabetes!

\$28

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Fish Fillet
- Sweet and Sour Pork
- Red Beans and Rice
- White Chicken Cacciatore
- Breaded Chicken Parmigiana
- White Chicken and Gravy over Noodles
- Salisbury Steak & Gravy
- Meatball Stroganoff
- Country Herb White Chicken
- Macaroni and Cheese

Just 4 Me - After School Box
\$24

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Chicken Fingers
- 1.5 lb. Mini Corn Dogs
- 1 (3.88 oz.) The BBQ "Sammich"
- 2 each (2.6 oz.) Chicken Sandwiches (2 packages with twin sandwiches)
- 4 (4 oz.) Hot Pockets
- 1 (12 ct.) Pizza Bites
- 1 (6 ct.) Cereal Bars
- 2 each (1.58 oz.) White Castle Hamburgers (2 packages with twin sandwiches)
- 3 (2.2 oz.) PBJ on Graham Wafer
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

AUGUST SPECIAL #1 \$24

Assorted Grill Box (6 lb.)

- 1 lb. Sirloin Strip Steaks (2 x 8 oz.)
- 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
- 1.5 lb. Mild Italian Sausage
- 1.5 lb. Bacon-Wrapped Chicken Breast Fillet (4 x 6 oz.)

AUGUST SPECIAL #4 \$24

Oven Ready Entrees

- 2 lb. Seafood Lasagna
- 2 lb. Lasagna with Meat Sauce
- 2 lb. Country Fried Steak with Gravy
- 2 lb. White Chicken Noodle Casserole



AUGUST SPECIAL #6 \$21

Bit O' Blessing Box

- 16 oz. Stuffed Sandwiches (Assorted Flavors - 4 x 4 oz.)
- 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Beef Roast or 2 lb. Mac & Beef Entrée
- 1.5 lb. Country Fried Steak Patties
- 1 lb. Ground Beef
- 1 lb. Crunchy Fish Bites
- 1 lb. Frozen Fruit or Green Beans
- 1 lb. Rice

AUGUST SPECIAL #2 \$23

Steak and Chicken Box (4 lb.)

- 2 lb. Ribeye Steaks (4 x 8 oz.)
- 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

AUGUST SPECIAL #5 \$21

Special Price! Premium Fresh Fruit and Veggie Box

- 1 Cantaloupe
- 4 Peaches
- 4 Navel Oranges
- 1 Mango
- 1 Cello Head Lettuce
- 1 lb. Cello Carrots
- 2 lb. Yellow Onions
- 3 lb. Idaho Potato
- 20 oz. bag Fresh Green Beans
- 1 Head Cabbage
- 2 AFM Fruit and Veggie Recipe Sheet



AUGUST SPECIAL #3 \$22

12 ct. Gourmet Flavored Chicken Breast Box (4.5 lb.)

- 4 Italian Chicken Breast (6 oz. ea.)
- 4 Teriyaki Chicken Breast (6 oz. ea.)
- 4 Lemon Herb Chicken Breast (6 oz. ea.)

(Your Phone Number Here)
Here)

(Your Logo Here)

(Your Address

www.your website here

Angel Food Ministries



"A Food Ministry With A Servant's Heart"

Not a "hand out" but a Hand UP!

Angel Food Ministries is a non-profit, non-denominational organization that began in 1994 as a small outreach ministry serving a rural community in Georgia. Angel Food partners with churches and community organizations throughout the country to help distribute food to those in need. **For only \$30.00 you can receive a box of food containing both fresh and frozen items.** Our food items are high quality, restaurant grade foods. Generally, regular box of food assists in feeding a family of four for about one week or a single senior citizen for almost a month.

THIS IS FOR EVERYONE!

- ♥ IF YOU EAT YOU QUALIFY
 - ♥ NO MEMBERSHIP
 - ♥ NO INCOME GUIDELINES
 - ♥ NO APPLICATIONS
 - ♥ NO SECONDS, EXPIRED OR DAMAGED GOODS
 - ♥ NO LIMIT TO # OF BOXES YOU CAN BUY!
 - ♥ FOOD STAMPS ACCEPTED!
 - ♥ NO LONG TERM OBLIGATION, YOU CAN PICK & CHOOSE WHEN YOU WANT TO BUY!
 - ♥ MENU CHANGES MONTHLY!
 - ♥ **ALL ORDERS MUST BE PICKED UP NO LATER THAN 9 AM ON DISTRIBUTION DAY!**
 - ♥ **ORDERS NOT PICKED UP BY 9:00 AM WILL BE CONSIDERED A DONATION**
 - ♥ You may donate any unwanted items to bless a needy family
 - ♥ There are no refunds or exchanges.
- NO EXCEPTIONS.

ONLINE ORDERING NOW AVAILABLE!!

➤ PICK-UP LOCATION:

**St. John's Home(Auditorium)
150 Highland Avenue
Rochester, New York 14620**

➤ PICK-UP TIME:

**Saturday, AUGUST 21 ,2010
8:00 AM to 9:00 AM ONLY!!!**



HOW TO ORDER:

WE ACCEPT CASH, MONEY ORDERS, FOOD STAMPS. ALSO ON LINE ORDERING AVAILABLE

- **Order in Person:** St. John's Home
Monday August 9 5:30-7:30AM- CSR
Wednesday August 11 3-6PM- Briggs
Thursday August 12 3-6PM- Briggs
Sunday August 15 10am-12pm- Briggs

All Food Stamp Orders must be placed in person by the card holder.

Deadline to Order AUGUST Menu (In Person) -SUNDAY AUGUST 15 at 12 PM!!!

We are unable to accept any orders received after the Deadline!!!

PLEASE BRING YOUR RECEIPT WITH YOU ON DISTRIBUTION DAY!!!

You Must Bring a Cooler, Large Box or Laundry Basket to Pick Up Your Food.

Angel Food Ministries Reserves the Right to Substitute Any Items In the Unit Box or the Specials Due to Availability, Cost and Quality

Please visit us on line!!

For further information about this ministry, please contact us
at 760-1257

Sponsored by:
St. John's Home
150 Highland Avenue
Rochester, New York 14620



A Grocery Relief Program

➤ **Pick-up Groceries on:
Saturday, AUGUST 21
8:00 am – 9:00am only- Food
Not Picked Up Will be DONATED**

AUGUST 2010 Angel Food Order Form

*Name: (Please Print) _____

*Phone (Required) _____
Name of person authorized to receive your food – if other than yourself: _____

Sign. Box _____ @\$28.95 Total \$ _____
Conv.Box _____ @\$28Total\$ _____
After Sch. Box _____ @\$24Total\$ _____
*Special #1:# _____ @\$24 Total \$ _____
*Special #2:# _____ @\$23 Total \$ _____
*Special #3:# _____ @\$22Total \$ _____
*Special #4:# _____ @ \$24Total\$ _____
*Special #5:# _____ @\$21Total\$ _____
*Special #6:# _____ @21Total\$ _____

Order Total:\$ _____

OnLine _____
Food Stamp _____
Cash _____
Money Order _____