

Angel Food Ministries



"A Food Ministry With A
Servant's Heart"

Not a "hand out" but a Hand UP!

Angel Food Ministries is a non-profit, non-denominational organization that began in 1994 as a small outreach ministry serving a rural community in Georgia. The goal was to help neighbors who needed a hand up in a tough economic time. Today, Angel Food Ministries can be found in over 3,200 communities in 35 states and helps feed over 500,000 families a month. Angel Food partners with churches and community organizations throughout the country to help distribute food to those in need. **For only \$30.00 you can receive a box of food containing both fresh and frozen items.** Our food items are high quality, restaurant grade foods. Generally, one unit of food assists in feeding a family of four for about one week or a single senior citizen for almost a month.

THIS IS FOR EVERYONE!

- ♥ IF YOU EAT YOU QUALIFY
 - ♥ NO MEMBERSHIP
 - ♥ NO INCOME GUIDELINES
 - ♥ NO APPLICATIONS
 - ♥ NO SECONDS, EXPIRED OR DAMAGED GOODS
 - ♥ NO LIMIT TO # OF BOXES YOU CAN BUY!
 - ♥ SPECIAL PACKAGES AVAILABLE WITH THE PURCHASE OF A REGULAR BOX!
 - ♥ FOOD STAMPS ACCEPTED! THE ACCOUNT MUST HAVE A BALANCE TO COVER THE TOTAL WHEN PLACING AN ORDER!
 - ♥ NO LONG TERM OBLIGATION, YOU CAN PICK & CHOOSE WHEN YOU WANT TO BUY!
 - ♥ MENU CHANGES MONTHLY!
 - ♥ **ALL ORDERS MUST BE PICKED UP NO LATER THAN 10:00 AM ON DISTRIBUTION DAY!**
 - ♥ **ORDERS NOT PICKED UP BY 10:00 AM WILL BE CONSIDERED A DONATION**
 - ♥ You may donate any unwanted items to bless a needy family
 - ♥ There are no refunds or exchanges.
- NO EXCEPTIONS.

➤ **PICK-UP LOCATION:**
St. John's Home(Auditorium)
150 Highland Avenue
Rochester, New York 14620

➤ **PICK-UP TIME:**
8:30 AM to 10:00 AM
Saturday, November 22, 2008



HOW TO ORDER:

WE ACCEPT CASH, MONEY ORDERS, FOOD STAMPS

➤ **Order in Person:**
St. John's Home
Wednesday October 29 3-6:30pm- Briggs
Monday November 3 5:30-7:30am-CSR
Tuesday November 4 3-6pm-Briggs
Wednesday November 5 3-6:30pm- Briggs
Thursday November 6 3-6:30pm- Briggs
Sunday November 9 10am-12pm- CSR

All Food Stamp Orders must be placed in person by the card holder.

Deadline to Order October Menu:
Sunday November 9 at 12PM

We are unable to accept any orders received after the Deadline!!!

Copying this order form is encouraged!
Please share this with your family and friends!

Volunteers Encouraged!

Without volunteers, this program would not be possible! If you would like to help, please contact Angel Food Ministries @ St. John's Home at 760-1257.

All boxes of food that are not picked up during the distribution time will be considered a donation to others in need.

angelfood

MINISTRIES

A Grocery Relief Program



➤ **DEADLINE for November Orders:**

Sunday, November 9 @ 12pm



Pick-up Groceries on:

Saturday, November 22
8:30 am – 10:00 am **only**

For further information about this ministry, please contact us at 760-1257

Sponsored by:
St. John's Home
150 Highland Avenue
Rochester, New York 14620

We Accept Food Stamps (EBT)

You Must Bring a Cooler, Large Box or Laundry Basket to Pick Up Your Food.

Angel Food Ministries Reserves the Right to Substitute Any Items In the Unit Box or the Specials Due to Availability, Cost and Quality

NOVEMBER 2008 Menu

Basic Unit: \$30.00

- 1.5 lb New York Strip Steak(4 x 6oz)
- 3 lb. IQF Split Chicken Breast
- 2 lb Baby Back Pork Ribs
- 2 lb Chicken Chunks
- 28 oz Jumbo Charbroiled Beef Patties with Gravy
- 1 lb. Smoked Sausage
- 1 lb. Ground Turkey
- 1 lb. Green Beans
- 1 lb. Diced Sweet Potatoes
- 10 oz Peanut Butter
- 15 oz. Cranberry Sauce
- 7 oz. Beef Flavored Rice & Vermicelli
- 20 oz Shoestring Fries
- 32 oz. Borden 2 % Reduced Fat Shelf Stable Milk
- 6oz Pancake Mix
- 1 Dozen Eggs
- 1 Dessert Item

Senior Box: \$28.00

These 10 perfectly seasoned, nutritionally balanced, fully cooked meals- just heat & serve. Each meal has 3 oz. protein, a starch & 2 vegetables or fruit.

Sweet 'n Sour Chicken: Slow cooked chicken chunks served in a sweet 'n sour sauce over steamed rice with steamed broccoli, mushrooms, & wax beans.

Spaghetti with Meat Sauce: Spaghetti noodles served with a rich traditional Italian meat sauce, seasoned Italian green beans, diced pears, and an oatmeal cookie.

Chili Con Carne: Chili Con Carne with Ground Beef served with elbow macaroni, carrot coins and beets with onions.

Chicken with Creole Sauce: Tender chicken pieces served with classic creole sauce, with mashed potatoes, peas with mushrooms and pineapple chunks.

Ground Beef Teriyaki Stir Fry: Seasoned ground beef with a teriyaki flavored sauce over penne noodles, with lemon pepper green beans, and a sugar cookie.

Chicken Ala King: Luscious chicken in a traditional Ala King style sauce served over rice with seasoned green beans and sliced beets.

Beef Cabbage Casserole: Seasoned ground beef interlaced with delicious cabbage leaves,

with creamed potatoes and green peas with carrots.

Chicken Rice Pilaf: Tender white chicken served over white rice pilaf, broccoli cuts with diced red peppers and a chocolate chip cookie.

Turkey Tetrizzini: Diced turkey in a cream sauce with mushroom pieces over spaghetti, with seasoned green beans with onions & Italian seasoned diced tomatoes.

Chicken Stew: Slow cooked white chicken with diced potatoes and diced tomatoes lightly seasoned and folded into a chicken flavored broth. Stew is served over lightly seasoned rice with a side of sliced celery & carrot coins, a southern biscuit and applesauce for dessert.

Thanksgiving Dinner Box: \$30.00

Special holiday box contains everything you need for a Traditional Thanksgiving meal for four people.

- 7 lb (Avg) Perdue Roasting Hen
- 2 lb Heat & Serve Mashed Potatoes
- 2 lb Heat & Serve Corn
- 2 lb Heat & Serve Green Beans
- 17 oz Cornbread Stuffing
- 4.5 oz Brown Gravy Mix
- 15 oz Cranberry Sauce
- 8 Dinner Rolls
- 1 Dessert Item

Specials:

One or more specials may be purchased with the purchase of either of the boxes above.

NOVEMBER SPECIAL #1

7 lb. Grill Box \$21.00

- 2lb. Choice Cut Beef Roast
- 2 lb. St. Louis Style Pork Ribs
- 2 lb. Hamburger Beef Steaks (4 x 8oz)
- 1 lb. Mild Italian Sausage with Mozzarella Cheese

NOVEMBER SPECIAL #2

4.5 lb Meat and Chicken Combo \$21.00

- 1.5 lb. Bone – In Rib eye Steaks (2 x 12 oz)
- 1.5 lb. Kansas City Strip Steaks (2 x 12 oz)
- 1.5 lb. Boneless Center Cut Pork Chops(4x6oz)

NOVEMBER SPECIAL #3

4.5 lb Flavored Boneless / Skinless Chicken Breasts \$21.00

- 1.5 lb Rotisserie Flavor(4x6oz)
- 1.5lb Lemon- Fajita Flavor(4x6oz)
- 1.5 lb Sun Dried Tomato Flavor(4x6oz)

NOVEMBER SPECIAL #5

Fresh Fruit & Veggie Box \$21.00

- 3 lb North Carolina New Crop Red Rome Apple
- 3 lb Washington State New Crop Granny Smith Apple
- 4 lb New Crop Florida Navel Orange
- 1 Stalk California Celery(in sleeve)
- 4 lb. Premium Idaho Baking Potatoes
- 3 lb New Crop North Carolina Sweet Potatoes
- 2 each Ruby red Florida Grapefruit
- 1 lb.Premium California Carrots
- 2 lb Large- Medium Yellow Onions

NOVEMBER 2008 Angel Food Order Form

***Name: (Please Print)** _____

***Phone (Required)** _____

***E Mail:** _____

Name of person authorized to receive your food – if other than yourself: _____

Basic Unit _____ **@\$30 Total \$** _____

Senior Box _____ **@\$28 Total \$** _____

Thanksgiving Box : _____ **@\$30 Total \$** _____

***Special #1:#** _____ **@\$21 Total \$** _____

***Special #2:#** _____ **@\$21 Total \$** _____

***Special #3:#** _____ **@\$18 Total \$** _____

***Special #4:#** _____ **@ \$21 Total \$** _____

Order Total:\$ _____

****Make Money Orders payable to: St. John's Home****

Money Order	
Cash	
Food Stamps	

Office Use Only